

PURE SYNERGY®
THE ORIGINAL, GREEN SUPERFOOD
MADE WITH ORGANIC INGREDIENTS



“I want to tell you that Pure Synergy works! The best description I can offer is that it feels as if the cells of my body have more aliveness. I cannot recommend it highly enough. Thank you for making it available and for all the attention to quality that is evident in its preparation.”

— Frank Hoffman, M.D., founding member of the American Holistic Medical Association.

Supported by 25 years of research and use, *Pure Synergy*® remains the standard by which all other green superfood formulas are measured. Based on the original research of Dr. Mitchell May and his colleagues at UCLA Medical Center, *Pure Synergy*'s unique and comprehensive formula captures a multitude of valuable phytonutrients, including lutein, enzymes, chlorophyll, carotenes, beta glucans, iodine, alginates, ellagic acid, anthocyanins, proanthocyanins, quercetin, RNA/DNA, sulforaphane, phycocyanins, GLA, SOD, sitosterols, and zeaxanthin, from some of nature's most vitalizing and nutrient-rich herbs, algae, grass juices and other foods. These special raw foods provide you with powerful support at the most fundamental levels, and the results can be remarkable! When you receive the deep nourishment necessary to function optimally, your body is able to naturally detoxify, regenerate and sustain abundant physical and mental energy throughout your busy days.

Pure Synergy's cleansing and regenerative grass juices, algae, seaweeds and enzymes are combined with protective fruits and berries and restorative, adaptogenic herbs and mushrooms to enhance natural detoxification and the radiant energy that results from genuine well-being. Unlike many companies, we never add fillers or bulking agents (such as whole grasses, apple fiber or pectin, rice bran or flax), which dilute nutritional potency and are a potential source of genetically modified material. Because the cellulose fiber in whole grass is indigestible, it prevents the grass's valuable **phytonutrients** from being released in the digestive system. For this reason, we use **only grass juices**. In every spoonful of *Pure Synergy*, you receive densely packed nutrition that intensely nourishes and strengthens every system in your body, resulting in sustained energy, enhanced recovery, mental clarity and overall well-being!

Pure Synergy is special not only because of its extraordinary formula, but also because we meticulously cultivate and protect all the precious constituents contained in it. We work closely with our certified organic growers to ensure the optimal development of enzymes and beneficial phytonutrients in *Pure Synergy*'s ingredients. These extraordinary herbs and other foods are harvested at their peak of potency and immediately concentrated and dried by utilizing proprietary cool-temperature processes that preserve their energetic and nutritional integrity. Studies have shown that these unique technologies offer unprecedented protection of the enzymes and other valuable phytonutrient constituents. Our Ultra Fresh Packaging™ further protects *Pure Synergy* from damaging light, oxygen and moisture after bottling.

All *Pure Synergy*'s ingredients are comprehensively tested, and this superior product is made at *The Synergy Company*'s own award-winning facility, where we are certified to manufacture organic and kosher products.

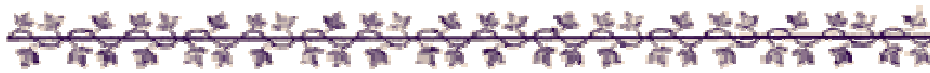
Available in pleasant- and mild-tasting powder for mixing in water or juice, and in convenient vegetable capsules.

DID YOU KNOW...

PHYTONUTRIENTS PROVIDE VITAL HEALTH-PROTECTIVE BENEFITS?

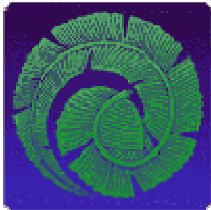
“Eat your fruits and vegetables!” We've all heard it a thousand times. In fact, scientists and researchers are now recommending nine servings a day of fruits and vegetables. Why so much? Greens and fruits are abundant sources of vitamins and minerals, but, more importantly, they are phytonutrient powerhouses. The phytonutrient compounds that function as a plant's immune system offer substantial antioxidant and detoxifying benefits to us. We now know that chlorophyll, carotenes, lutein, bioflavonoids, anthocyanins, proanthocyanins and phycocyanins are responsible for many of the health-protective benefits experienced by people who eat diets rich in fruits and vegetables.

Pure Synergy is bursting with vital phytonutrients. Grass juices, algae, sea vegetables, spinach, collards, kale and berries are the richest known sources of many of these precious compounds. More important, *Pure Synergy* provides these phytonutrients in their natural, synergistic food form. This means that the phytonutrients, vitamins and minerals contained in *Pure Synergy* enhance and support each other's activity, providing protective, regenerative and strengthening benefits to you!



PURE SYNERGY'S HISTORY, UNIQUE INGREDIENTS AND BENEFITS

[Origins](#) | [Benefits](#) | [Quality Difference](#) | [Ingredients](#)



"I would not be without my Pure Synergy, which I have found has given me a really new kind of energy that I love. Whatever testimonial you want, you can have and I would like to order another bottle!"

- Ram Dass

Pure Synergy's Origins

In 1972, on a rainy Alabama road, Mitchell May's life was changed forever when a speeding car slammed into his vehicle. The collision was so catastrophic that rescuers required 45 minutes to free him from the wreckage, and he was left with many critical injuries. The most serious of these were to his legs, which sustained over 40 fractures as well as severe nerve and muscle damage.

Although his doctors insisted he would never walk again, Mitchell believed differently. Determined to regain the use of his legs, he began his own intensive and unconventional healing program. The results were astonishing. Mitchell made medical history when he regenerated nerve, bone and muscle tissue, which doctors had predicted would be impossible. His healing was so phenomenal that it has been documented and studied by medical researchers and featured in periodicals and documentaries. Today, Mitchell race walks, backpacks and hikes in the canyons near his home.

During his healing process, Mitchell knew it was essential to support his body with the most regenerative, life-enhancing nutrition available. He devoted himself to an intensive study of the nutritional and energetic properties of numerous superfoods and botanicals that possess unique healing properties. He then tried nearly every nutritional product on the market, only to find that none contained the amazing life energy he had observed in his studies or delivered the nutritional support he sought.

With the same focus and determination that he devoted to his healing, Mitchell set out to create an all-natural superfood made with organic ingredients that would truly capture the phenomenal vibrancy and vitality found in nature. For over a decade, he conducted an exhaustive search, obtaining and testing superfoods from around the world. During this time, he experimented with countless formulas, always seeking the "synergy" that would catapult the performance of superfoods to a whole new level.

After many years, Mitchell developed the perfectly balanced formula that captures and intensifies the amazing life energy found in superfoods — *Pure Synergy*. He then shared *Pure Synergy* with friends, patients, doctors, wholistic health care practitioners and others. Their responses were universally enthusiastic and included many grateful reports of increased energy, mental clarity and vitality and renewed well-being.

As more and more people were drawn to the extraordinary qualities of *Pure Synergy*, Mitchell established *The Synergy Company™* to meet demand for his ultimate superfood formula and other health-enhancing products. At our award-winning production facility, where we are certified to produce organic and kosher products, Mitchell personally supervises the entire production of *Pure Synergy*. His careful attention ensures *Pure Synergy* continues to offer the same profound benefits that he and his family have enjoyed for over 20 years.



"*Pure Synergy* has an almost miraculous way of enhancing mental clarity, health and vitality. An extraordinary planetary superfood, *Pure Synergy* could be the most perfect food ever created by human beings. I use *Pure Synergy* myself and in my work with clients."
-Gabriel Cousens, M.D., noted medical researcher and author of the health classic, *Conscious Eating*.

Benefits Reported by *Pure Synergy* Consumers

- Enhances vitality and vigor
- Provides sustained and steady energy
- Heightens mental clarity
- Assists purifying detoxification
- Improves immunity
- Enhances athletic recovery and physical endurance
- Greatly increases sense of well-being
- Nurtures a healthy lifestyle

Pure Synergy is perfect for health-conscious people who desire nutrition of the highest quality in order to enhance their health now and into the future. It is used daily by career professionals, homemakers, sports and outdoor enthusiasts, students and many others who know the value of real nourishment. *Pure Synergy* also provides valuable support to people experiencing a diminished sense of well-being and seeking to regenerate their health and vitality. *Pure Synergy* is the ideal formula for all of us experiencing the effects of stress, pollutants and nutritionally bankrupt food in our lives. Mitchell created this special formula to provide deep nourishment and life energy — and it does!

The Quality of *Pure Synergy*

Your health matters to us! Unlike most nutritional products, *Pure Synergy* does not contain any fillers or artificial chemicals, preservatives or sweeteners. Nor do we use any ingredients that have been irradiated or fumigated, that have unsafe levels of pesticide or herbicide residues or that contain any pathogenic bacteria. Moreover, we completely avoid the use of genetically engineered materials. From using superior ingredients to building our own state-of-the-art production facility, we spare no effort in producing exceptional nutritional products at incomparable prices. If you purchased the ingredients in *Pure Synergy* individually (in quantities equal to those contained in a large bottle), the cost would exceed \$180.00!

Organic & Wildcrafted Ingredients: *Pure Synergy* is made with organic and wildcrafted ingredients. This not only assures maximum nutrition, but also protects our environment and bodies from harmful toxins. *Pure Synergy's* wildcrafted ingredients are sustainably harvested from their natural environments — the purest sources for some superfoods. All our farmers and wildcrafters take special care with the botanicals in *Pure Synergy*: ethical wildcrafting practices ensure that natural habitats will continue to thrive, and all *Pure Synergy's* ingredients are harvested at the optimal stage of growth, when their nutrients have fully matured.

Perfectly Protected: Many nutritional components are highly sensitive to heat. Fresh freeze-drying, cold-drying and Refractance Window drying fully protect the heat-sensitive bioactive constituents and phytonutrients of *Pure Synergy's* botanicals. We also utilize special cold-milling equipment. Studies have demonstrated that these unique technologies offer unprecedented protection of all *Pure Synergy's* valuable nutrients.

Concentrated & Standardized: When appropriate, we concentrate and standardize select ingredients, using slow, nonchemical processes. Our full-spectrum, standardized concentrates are many times more potent than those created by other methods.

Researched & Tested: In our ongoing research for *Pure Synergy*, we consult experts in the fields of nutrition and Chinese and Western herbalism and medicine. Additionally, *Pure Synergy's* ingredients are subjected to 200 tests for purity at a USDA-approved, FDA-registered laboratory. These tests guarantee that *Pure Synergy* contains only the highest-quality ingredients.

State-of-the-Art Production: *Pure Synergy* is blended and bottled at our award-winning facility, where we are certified to manufacture organic and kosher products. We actively support nonpolluting, sustainable energy by participating in the Blue Sky wind power program at the 100% level.

Ultra Fresh Packaging™: Glass is the only packaging material that is 100% inert and impermeable (research shows that plastic bottles don't fully protect against nutrient-robbing oxygen, and they leach chemicals into food). We vacuum-seal *Pure Synergy* in light-resistant, recyclable glass bottles, utilizing our *Ultra Fresh Packaging* process. During this process, an oxygen absorber packet is placed in each bottle. The bottles are then hermetically sealed with induction technology to protect all *Pure Synergy's* valuable constituents.

Vegetarian & Kosher: *Pure Synergy* is a vegetarian, certified kosher product and is 100% pure food. It is available as a powder and in vegetable capsules.



"In my experience, Pure Synergy provides the most effective and reliable immune enhancement on the market today. My patients who use it feel much more energetic, vital, and healthy."

- Joy Craddick, M.D.

Pure Synergy's Ingredients

We strive to ensure the quality and integrity of *Pure Synergy's* ingredients in every phase of *Pure Synergy's* creation—from ingredient selection to product formulation to packaging. The following 60-plus ingredients are the world's finest and most potent superfoods, and they are in every bottle of *Pure Synergy!*

Synergized® Algae 3.40 grams/serving

Fresh freeze-dried, cold-dried or Refractance Window dried: Pure *Spirulina Crystals**; Pure Klamath Crystals*; HGP Chlorella™; *Dunaliella salina*; wildcrafted Kelp, *Alaria esculenta*, Kombu, Bladderwrack, Dulse, Dumontiaceae (*Cryptosiphonia woodii*).

Algae are some of the earth's oldest, most nutritionally rich life-forms. Amazingly, they produce daily over 70% of the earth's supply of life-giving oxygen. These microscopic aquatic plants literally transform the sun's energy into a powerhouse of essential nutrients. By weight, Synergized Algae contains more protein, iron, vitamin B12, trace minerals, RNA, DNA, chlorophyll and beta-carotene than any other known natural food source. Synergized Algae possesses every known mineral essential to human nutrition. Our exclusive formula of ten types of algae provides the most complete spectrum of algae available. To ensure the highest quality and natural purity of *Pure Synergy*, we include only fresh freeze-dried, cold-dried or Refractance Window dried algae.

Synergized® Phytonutrients & Enzymes 2.87 grams/serving

Fresh freeze-dried enzymatically active Sprouts of Millet*, Quinoa*, Broccoli*; Apple Fruit*; fresh freeze-dried Blueberry*, Raspberry*; Green Papaya Fruit; natural plant Enzymes (Amylase, Cellulase, Lipase, Protease).

Due to their lush, vibrant colors, apples and berries are an extraordinarily concentrated source of crucial antioxidant phytonutrients such as quercetin, ellagic and phenolic acids, anthocyanins and proanthocyanins. These special phytonutrients are so beneficial that scientists now urge people to regularly consume apples and berries. The berries in *Pure Synergy* are fresh freeze-dried to fully protect and concentrate all their valuable compounds and vital enzymes.

Found in all plants and animals, enzymes are essential for maintaining our health, digesting our food and repairing our bodies. Without them, life ceases. *Pure Synergy* contains a combination of specially grown natural and organic plant enzymes that offers a unique nutritional profile. Enzymes help maximize *Pure Synergy's* effectiveness by assisting in the digestion and assimilation of all *Pure Synergy's* valuable ingredients. In addition, our plant enzymes provide a natural source of highly active antioxidant enzymes.

Synergized® Chinese Mushrooms & Herbs 2.61 grams/serving

Reishi*, Shiitake*, Maitake*, Agaricus*, Cordyceps*. Standardized 7:1 herbal extract: Astragalus Root, Fo-Ti Root, *Poria cocos* Root, Codonopsis Root, *Atractylodes alba* Root, Rehmannia Root, Tang-Kuei Root, Eleuthero Root, *Paeonia*

lactiflora Root, Citrus Peel, Jujube Fruit, Ginger Rhizome, *Schizandra chinensis* Fruit, Polygala Root, *Ligusticum wallichii* Root, Licorice Root.

Deeply nourishing and completely balanced for both men and women, *Pure Synergy's* Synergized Chinese Mushrooms & Herbs blend offers one of the most venerated Chinese herbal formulas. For over 4,000 years, generations of Chinese doctors and healers have gathered special herbs and mushrooms to foster strength, well-being and radiant health. The Chinese prize these herbs and mushrooms for their ability to restore and nourish chi – natural Life Force.

The highly valued Chinese herbs in *Pure Synergy* are hand gathered in China and prepared in the traditional manner, producing a full-spectrum, standardized concentrate seven times more potent than concentrates produced by other processing methods. Unlike any other dried extracts, our Chinese herbal extracts are specially dried, per our specifications, on a pure astragalus carrier. This proprietary process allows us to eliminate the potentially genetically modified fillers and carriers, such as maltodextrin and corn starch, other companies use. Our Chinese herbs are prepared exclusively for us at a government-licensed pharmaceutical company utilizing state-of-the-art laboratory equipment. Our formula is extensively and rigorously tested for pesticide and heavy metal residues and is certified to meet Japanese, German and U.S. standards for safety and purity.

Rare and potent mushrooms have long been a vital part of Oriental medicine & *Pure Synergy* brings together five of these treasured mushrooms. Revered by ancient Taoist priests for their health-preserving and life-extending power, these powerful mushrooms are currently being researched by the National Institutes of Health. Our mushrooms are organically grown and are some of nature's most regenerative foods.

Synergized® Green Juices 1.72 grams/serving

Fresh freeze-dried or cold-dried: juice concentrates of Wheat Grass*, Barley Grass*, Oat Grass*, Alfalfa Grass*; Parsley Leaf*, Spinach Leaf*, Kale Leaf*, Collard Leaf*.

Imagine the tremendous energy that bursts forth every spring, renewing life and greening meadows with fresh grasses and wildflowers. Now imagine Synergized Green Juices, juices extracted from potent, pure, organically grown grasses harvested in the fertile ripeness of spring. Completely free of gluten, our grasses are juiced at their peak of potency, concentrated and then immediately cold-dried to keep their special nutrients fresh and active.

Our Synergized Green Juices blend is a splendid source of protein, enzymes, minerals, vitamins and nature's wonder — chlorophyll. This blend is further enhanced by the addition of our specially grown, freeze-dried, organic green leafy vegetables, which provide a powerhouse of vital phytonutrients such as lutein, sulforaphane, octacosanol and carotenes. Just one tablespoon of *Pure Synergy* provides the concentrated nutrients found in a large, fresh garden salad.

Synergized® Western Herbs 1.15 grams/serving

Fresh freeze-dried: Nettle Leaf*, Red Clover Flower*, Burdock Root*, Yellow Dock Root*, Skullcap Flower* and Leaf*, Dandelion Leaf*, Ginkgo Leaf*. *Rosa canina* Fruit (Rose Hips)*.

Native cultures and early herbalists in the Americas treasured tonic herbs for their ability to balance, regenerate and revitalize the body. These special herbs are unique in their capacity to offer enhanced benefits when consumed daily for long periods of time. Unlike other companies, we offer these highly prized, tonifying herbs organically grown and fresh freeze-dried. We do this because freeze-drying is the only drying process that captures and concentrates the full spectrum of their active constituents and ensures their optimal potency and freshness.

Synergized® Natural Antioxidants 2 milligrams/serving

Botanical extracts of Rosemary Leaf, Clove Bud, Sage Leaf. Natural Vitamin E.

Because oxidation rapidly destroys the nutritional value of foods, *Pure Synergy* contains a completely natural and proprietary antioxidant blend of the essential oils of three powerful spices proven to preserve the freshness of highly sensitive nutritional components. Our Synergized Natural Antioxidant blend helps to ensure that your *Pure Synergy* remains as fresh as it was the day it was made.

*Organic.

The above statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. It is a dietary supplement intended solely for nutritional use.

Pure Synergy

Supplement Facts

Serving Size 11.8 g (1 heaping tablespoon)
Servings per Container 30

Amount per Serving	% Daily Value
Calories 45	
Calories from Fat 5	
Total Fat 1 g	1**
Carbohydrate 7 g	2**
Dietary Fiber 2 g	7**
Sugars 3 g	‡
Protein 4 g	8**
Vitamin A 3,420 mcg (100% as beta-carotene)	12
Vitamin C 3 mg	6
Vitamin B12 10 mcg	170
Calcium 66 mg	8
Iron 3 mg	15
Iodine 179 mcg	120

Other naturally occurring food co-factors: Lutein, Bioflavonoids, Chlorophyll, Beta Glucans, Iodine, Alginates, RNA/DNA, Sulforaphane, Phycocyanins, GLA, SOD, Octacosanol, Polysaccharides, Sitosterols, Xanthophyll, Zeaxanthin, Anthocyanins, Elagic and Phenolic Acids.

Contains no fillers, stearates, other additives, gluten or dairy products. Grown and processed without GM materials.

Amount per Serving % Daily Value

Synergized® Algae 3.40 g	‡
Fresh freeze-dried, cold-dried or Refractance Window™ dried: Pure Spirulina Crystals™*; Pure Klamath Crystals™*; HGP Chlorella™; <i>Dunaliella salina</i> ; wildcrafted Kelp, <i>Alaria esculenta</i> , Kombu, Bladderwrack, Dulse, Dumontiaceae (<i>Cryptosiphonia woodii</i>).	
Synergized® Phytonutrients & Enzymes 2.87 g	‡
Fresh freeze-dried enzymatically active Sprouts of Millet*, Quinoa*, Broccoli*; Apple Fruit*; fresh freeze-dried Blueberry*, Raspberry*; Green Papaya Fruit*; natural plant Enzymes (Amylase, Cellulase, Lipase, Protease).	
Synergized® Chinese Mushrooms & Herbs 2.61 g	‡
Reishi*, Shiitake*, Maitake*, Agaricus*, Cordyceps*. Standardized 7:1 herbal extract: Astragalus Root, Fo-Ti Root, <i>Poria cocos</i> Root, Codonopsis Root, <i>Atractylodes alba</i> Root, Rehmannia Root, Tang-Kuei Root, Eleuthero Root, <i>Paeonia lactiflora</i> Root, Citrus Peel, Jujube Fruit, Ginger Rhizome, <i>Schizandra chinensis</i> Fruit, Polygala Root, <i>Ligusticum wallichii</i> Root, Licorice Root.	
Synergized® Green Juices 1.72 g	‡
Fresh freeze-dried or cold-dried: juice concentrates of Wheat Grass*, Barley Grass*, Oat Grass*, Alfalfa Grass*; Parsley Leaf*, Spinach Leaf*, Kale Leaf*, Collard Leaf*.	
Synergized® Western Herbs 1.15 g	‡
Fresh freeze-dried: Nettle Leaf*, Red Clover Flower*, Burdock Root*, Yellow Dock Root*, Skullcap Flower* and Leaf*, Dandelion Leaf*, Ginkgo Leaf*, <i>Rosa canina</i> Fruit (Rose Hips)*.	
Synergized® Natural Antioxidants 2 mg	‡
Botanical extracts of Rosemary Leaf, Clove Bud, Sage Leaf, Natural Vitamin E.	

* Organically grown, processed and certified.

** Percent Daily Values based on a 2,000-calorie diet.

‡ Daily Value not established.