

Flush24™ Dietary Supplement

Description: Flush 24™ is a proprietary herbal and nutrient formula designed to cleanse the body of toxins, heavy metals and other pollutants that may be present in the environment and are formed by natural metabolic processes.*

Supplement Facts

Serving Size: 1 Pouch (19g)

Servings Per Container: 4

Amount Per Serving	% Daily Value
Magnesium (from magnesium sulfate) 560 mg	140%
Proprietary Blend B.E.E.® 1200 mg	†
Lemon Fruit B.E.E.®, Papaya Fruit B.E.E.®, Pumpkin Seed B.E.E.®, Apple Cider Vinegar Powder, Flaxseed B.E.E.®, Stevia, Wheat Germ B.E.E.®, Pineapple Juice Powder, Aloe Vera Whole Leaves Powder, Carrot B.E.E.®, Oat B.E.E.®, Methylsulfonylmethane (MSM), Sweet Potato B.E.E.®, Chickpea B.E.E.®, Shiitake Mushroom B.E.E.®, Angelica Root B.E.E.®, Spinach B.E.E.®.	

† Daily Value Not Established.

B.E.E.® - BioEnhanced Extraction (Patent Pending)

Suggested Use:

STEP 1

On the day of the flush, do not eat any food and try not to drink any liquids throughout the entire day. If really thirsty, some purified warm water can be consumed in very small amounts. Again, it is best to not eat any food or drink any liquids prior to beginning the flush.

Following the time schedule while doing the flush is very important, so try to drink the flush product at the specific times listed below.

STEP 2

6pm-8pm: First drink one full pouch of Flush 24™ solution powder mixed in an 8-ounce glass of purified water.

STEP 3

EXACTLY two hours after having the first drink: Repeat by drinking another full pouch of Flush 24™ powder mixed in 8 ounces of purified water.

STEP 4

Within 30 minutes of having the second drink, go to bed. Try to go to bed

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by 10:30pm in order to insure that the body gets proper rest.

Just before going to bed, a small amount of warm water should be consumed (6-8 ounces).

When going to bed, it is very important to lie on the back and try to remain still. Try to remain on the back and avoid tossing and turning throughout the night.

NEXT DAY:

STEP 5

6am or 7am: Repeat the same step as step 2 or 3 as above

STEP 6

Exactly two hours after your first morning drink: Repeat the process one more time.

Drink warm water for the rest of the day. At the end of the day, 4:00pm to 6:00pm, eat a very light dinner; no fried food, meat, bread, alcohol or sweets. Follow a vegetarian diet: only fruits, vegetables and whole grains. Also drink plenty of pure water. It is best to stay on this same diet for 72 hours. Try to

eat smaller portions of food and keep the total daily caloric intake to about 50% of normal for the entire 72-hour period.

Some people may experience fatigue during the flush. These symptoms usually diminish after a few hours to a day. For this reason, it may be best to take time off from work to begin the cleanse or conduct the process over the course of a weekend.

Cautions: On the day of the cleanse, do not eat ANY food and TRY not to drink any liquids throughout the entire day. If REALLY thirsty, some purified warm water can be consumed in very small amounts. Again, it is BEST to not eat any food or drink any liquids prior to taking the first Flush 24™ packet.

Following the time schedule while doing the cleanse is very important, so try to drink Flush 24™ at the specific times listed below.

Alternate Suggested Use:

On the day of the flush, do not eat any food and try not to drink any liquids throughout the entire day. If really thirsty, some purified warm water can

be consumed in very small amounts. Again, it is best to not eat any food or drink any liquids prior to beginning the flush.

Following the time schedule while doing the flush is very important, so try to drink the flush product at the specific times listed below.

STEP 1

6pm: First, drink one full pouch of Flush 24™ solution powder mixed in an 8-ounce glass of purified water.

STEP 2

EXACTLY two hours after having the first drink (8pm): Repeat by drinking another full pouch of Flush 24™ powder mixed in 8 ounces of purified water.

STEP 3

EXACTLY two hours after having the 2nd drink (10pm): Drink a mixture of 1/2 cup extra virgin olive oil and 3/4 cup of freshly squeezed red grapefruit juice. (Make sure the pulp is removed using a strainer.) Shake the mixture for at least one minute. Take this mixture to your bedside, but drink it standing up. IMMEDIATELY after drinking the mixture, go to bed. Lie down immediately. As soon as the drink is down walk to your bed and lie down flat on your back with your head up high on the pillow. Try to keep perfectly

still for at least 20 minutes and try to remain on your back avoiding tossing and turning throughout the night.

NEXT DAY

STEP 4

6am or 7am: Repeat the same step as described on step 1.

STEP 5

Exactly two hours after your first morning drink: Repeat the process one more time.

Drink warm water for the rest of the day. At the end of the day, 4:00pm to 6:00pm, eat a very light dinner, no fried food, meat, bread, alcohol or sweets. Follow a vegetarian diet: only fruits, vegetables and whole grains. Also drink plenty of pure water. It is best to stay on this same diet for 72 hours. Try to eat smaller portions of food and keep the total daily caloric intake to about 50% of normal for the entire 72-hour period. Some people may experience fatigue during the flush. These symptoms usually diminish after a few hours to a day. For this reason, it may be best to take time off from work to begin the cleanse or conduct the process over the course of a weekend.

Cautions: If you have a medical condition, are taking prescription medication, or have been diagnosed with kidney or gall stones, consult your doctor before using this product. Pregnant or nursing women should consult their physician before using this product. Keep out of the reach of children.

Notice: This product contains Aloe Vera latex. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Aloe Vera Latex may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

Benefits:

- Supports the body's natural toxin removal processes in the liver, gallbladder, kidneys, skin, heart, lungs and entire body*
- Assists the body's natural ability to expel stones*
- Helps to remove excess water and waste from individual cells*
- Supports removal of heavy metals such as mercury, lead and aluminum from the body*
- Stimulates bile production and the breakdown of dietary fat*
- Promotes overall liver function*

- Boosts the effectiveness of weight management programs*
- Increases energy and stamina*
- Facilitates immune function*

Composition:

Papaya Fruit B.E.E.® – A source of papain, a protein-digesting enzyme that is an excellent aid to digestion. Papaya is very soothing to the stomach as well as the entire digestive tract. Enhances the transit of nutrients to various parts of the body and assists with expulsion of various toxins.*

Pumpkin Seed B.E.E.® – A superfood long used in folk medicine. Pumpkin Seed B.E.E.® extract helps to build and strengthen the entire immune system.*

Lemon Fruit B.E.E.® – A powerful detoxifier and excellent diuretic helpful during times of stress such as during the detoxification process. Lemons have a tremendous ability to dissolve mucus and support the removal of toxins from cellular tissue. Lemon is also a wonderful stimulant to the liver and helps to liquefy bile.*

Flax Seed B.E.E.® – This ancient grain has become a modern miracle food.

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Helps to maintain the inner lining of the intestines.*

Apple Cider Vinegar Powder® – Raises the alkalinity of the extra cellular fluid that surrounds cells. An alkaline, versus acidic, environment is believed to be one of the major promoters of health.*

Oat B.E.E.® – Supports gastrointestinal system and contains nutritional factors that help prevent accumulation of microorganisms and internal toxins.*

Sweet Potato B.E.E.® – Rich in nutrients that help prevent formation of toxic substances.*

Angelica B.E.E.® – Can help detoxify environmental toxins and abnormal metabolic waste products.*

Spinach B.E.E.® – Supports Phase I liver detoxification and cell repair.

Wheat Germ B.E.E.® – Contains antioxidants and other factors that protect cells from various pollutants.*

Shiitake B.E.E.® – Helps with toxic metal detoxification; increases glutathione levels for Phase II detoxification in liver.*

Carrot B.E.E.® – Contains nutritional factors necessary for mucus membranes and healthy cell replication.*

Chickpea B.E.E.® – Contains important nutritional factors for immunity and detoxification in the liver.*

Methylsulfonylmethane (MSM) - Enables cells and tissues to release toxins that have built up over the years. A vital ingredient in our waste management system. MSM makes cell walls permeable, allowing water and nutrients to freely flow into cells and allowing wastes and toxins to properly flow out.

Stevia - A sweet tasting herb with remarkable health promoting qualities. Stevia has many favorable health benefits and is completely non-toxic.

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